



EYFS- Getting Sporty



SONG SHEET

Change the theme of well-known children's songs to include a sports theme.

E.g.:

IF YOU'RE HAPPY AND YOU KNOW IT:

If you're happy and you know it

If you're happy and you know it

If you're happy and you know it and you really want to show it,

If you're happy and you know it

(jump up and down, turn around, bounce a ball, hop on the spot.)

THIS IS THE WAY WE:

This is the way we

Leap up high,

Leap up high,

Leap up high.

This is the way we leap up high,

On a super sunny morning.

(Add and change options: leap up high/ crouch down low, star jump wide)

OUR SCHOOL SPORTS DAY (Tune -Old Macdonald)

Our school sports day's lots of fun hip, pip, pip hooray.

With a run, run here.

A run, run there, Here a run, there a run,

Everywhere a run run

Our school sports day's lots of fun hip, pip, pip hooray.

(mime various actions on the spot. Change 'run' to 'hop', 'skip', 'jump')